

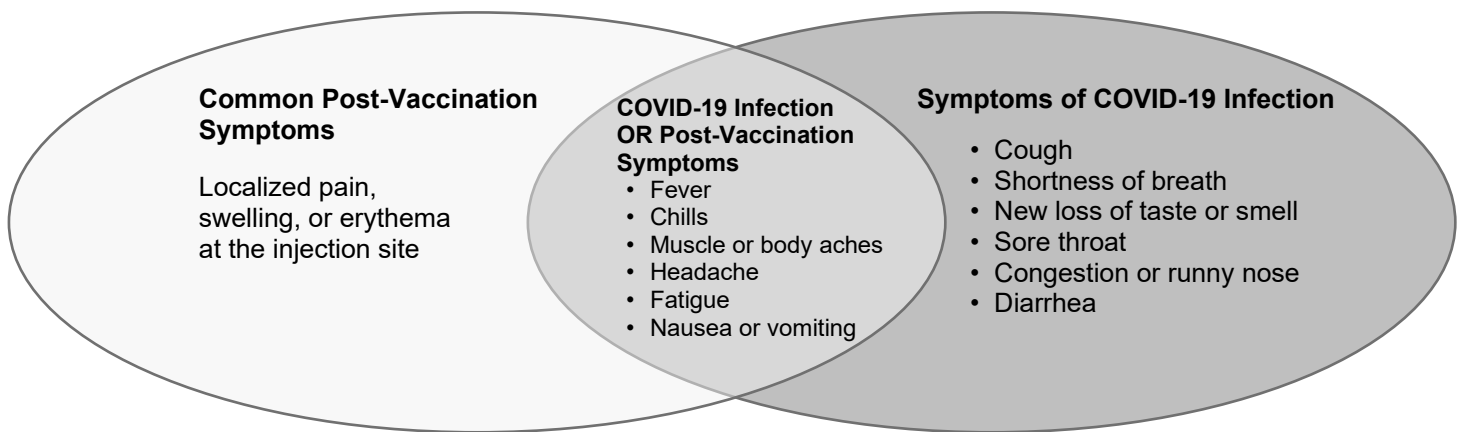
An Important Update from the Infection Prevention Team

Managing Post-Vaccination Symptoms

March 3, 2021

A new element of BAYADA's safety strategies is the COVID-19 vaccination. Based on current data, the vaccination may cause systemic symptoms post-vaccination. While there is still much to learn about the vaccine and the symptoms associated with it, we want to share what we currently know about post-vaccination symptoms.

Comparing post-vaccination symptoms with symptoms of COVID-19 infection



Staff who experience any signs or symptoms that could be consistent with COVID-19 should report them to their office immediately.

Most systemic post-vaccination signs and symptoms:

- Are mild to moderate in severity
- Resolve within one to two days
- Are more frequent and severe following the final dose (second dose for two-dose vaccines, and sole dose of single-dose vaccines) and among younger persons compared to those who are older (more than 55 years of age)
- May feel like flu and even affect your ability to do daily activities, but should go away in a few days

For the Pfizer and Moderna vaccines, most post-vaccination symptoms occur within the first three days (the day of vaccination and following two days), with most occurring the day after vaccination. For the Janssen (Johnson & Johnson) vaccine, post-vaccination symptoms have been observed within seven days post-vaccination among recipients and resolve within one to two days.

Please contact your office with questions or concerns.